

**Certificate in Yoga Teacher Training 瑜伽導師訓練證書**  
 HS175A / 2385-xxxxAW  
 YTT25

No.	Date	Saturday	
		9:00 - 14:00	
1	23/05/2026	5	
2	30/05/2026	5	
3	06/06/2026	5	
4	13/06/2026	5	
5	20/06/2026	5	
6	27/06/2026	5	
7	04/07/2026	5	
8	11/07/2026	5	
9	18/07/2026	5	
10	25/07/2026	5	
11	01/08/2026	5	
12	08/08/2026	5	
13	15/08/2026	5	
14	22/08/2026	5	
15	29/08/2026	5	
16	05/09/2026	5	
17	12/09/2026	5	
18	19/09/2026	5	
Holiday	26/09/2026	0	
20	03/10/2026	5	
21	10/10/2026	5	
22	17/10/2026	5	
23	24/10/2026	5	
24	31/10/2026	5	
25	07/11/2026	5	
26	14/11/2026	5	
27	21/11/2026	5	
28	28/11/2026	5	
29	05/12/2026	5	
30	12/12/2026	5	
31	19/12/2026	5	
Holiday	26/12/2026	0	
33	02/01/2027	5	
34	09/01/2027	5	
35	16/01/2027	5	Exam
36	23/01/2027	5	Exam
37	30/01/2027	5	Exam
Holiday	06/02/2027	0	
39	13/02/2027	5	Exam
40	20/02/2027	5	Exam
41	27/02/2027	5	Exam
42	06/03/2027	5	Exam
43	13/03/2027	5	Exam
後備日	20/03/2027	0	
Holiday	27/03/2027	0	
後備日	03/04/2027	0	
後備日	10/04/2027	0	
Total hours:		200	

**Time:** 9:00 - 14:00 (Every Saturday)  
**Venue:** 1101 Sports Lab, 11/F  
 Island East Campus  
 494 King's Road, North Point, Hong Kong